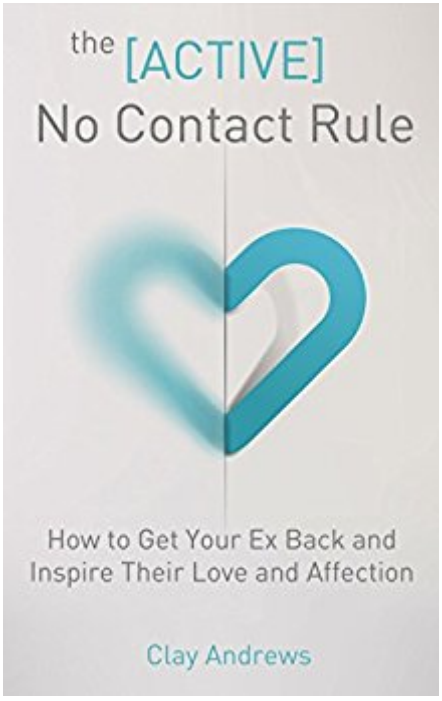
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The Active No Contact Rule: How To Get Your Ex Back And Inspire Their Love And Affection



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Synopsis

The Active No Contact RuleHow to Get Your Ex Back and Inspire Their Love and AffectionBreakups are never easy. It doesn't matter if you were together for a few weeks, or a few decades. When a relationship ends, it can be excruciating.You can't sleep. You can't eat and you can barely listen to music anymore.Ã Â You miss them.And now you want your ex boyfriend or ex girlfriend back.If you are interested in saving your relationship and getting back together with the person you love, then this book is for you.Most people have heard of "the no contact rule" for getting yourÃ Â ex back. However, there are quite a few problems with the conventional no contact rule that you may have heard about else where.This book is a refreshing new look at how you can make the no contact rule more effective at getting your ex back and saving your relationship.Whether you've tried the traditional no contact rule before with disappointing results, or you've never even heard of the no contact rule, inside this book, you'll learn:Why traditional no contact is so ineffective at helping you get your ex backWhat it really takes to get your ex backWhat you can do to take the whole no contact process from a passive endeavor into a more active action plan that is more likely to get you resultsWhy doing the most counter-intuitive thing in the world could actually save your relationship+Plus much more.Bottom Line:If you're ready to start taking action and doing whatever it takes to get your ex boyfriend or ex girlfriend back and crafting a better and healthier relationship with them, this book is for you.

Book Information

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Customer Reviews

This is great advice after my ex breaking up with me after 9 yrs. I do however believe the email sent by Clay stating in the first line that he cannot help my situation or generic letter to people is not a good thing to send while not knowing the situation of people and giving such great advice in his books.

Great Book. Simple and easy to read with good attainable advise. Anyone can do this. The helped me with my healing process.

I thought it was informative and it actually helped me to feel a little better. Makes total sense. If we want something, try! That’s all we can do. But the tips in here are fantastic!!

Finally a "get your ex back" plan that focuses on personal growth, rather than mind games!Even if it doesn’t work, at least I will have grown as a person.

Just recently going to a hard break up. Reading thru’s this book make me think about how to handle this better.

Not as good as expected

The problem with this and other books like it is that the focus is on the guy/girl and getting them. It is too often approached as a game or a means to an end. The real lesson is to be yourself and if s/he doesn’t like you or doesn’t come around then s/he isn’t good enough for you.

I found this book was not quite as informative or helpful as other books in the genre. If you’re seeking solid and informative advice you should probably look elsewhere

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